



Pre-Record File Upload Instructions

1. Open the link: www.wetransfer.com
2. Click “I agree.”
3. Click “Upload files” and select your video
4. Click the 3 dots in the bottom left and ensure “Send email transfer” is selected”
5. Email to: speakers@cncf.io
6. Enter your email as the sender
7. Enter your session title in the message field with the format:
SessionTitle_YourName_Dateofsession_version#
8. Click “Transfer”
9. WeTransfer will send your email a verification code to type in. Enter this code and the system will upload the file automatically.
10. When the uploading is done, both the sender and receiver will get a link for downloading.

